

ALCOHOL AND DRUG DETOX IN THE PRIVACY
AND COMFORT OF YOUR OWN HOME

OFFICE AND AT-HOME VISITS BY LICENSED
MEDICAL DOCTORS

SAFE AND EFFECTIVE ALTERNATIVE TO
INPATIENT DETOX

COMPASS
HEALTH GROUP
NAVIGATING THE ROAD FROM ADDICTION TO RECOVERY

COMPASS
HEALTH GROUP
NAVIGATING THE ROAD FROM ADDICTION TO RECOVERY

CONFIDENTIALITY

This high-end concierge service is totally private and confidential. Unlike inpatient detox programs where patients are required to share their room and attend group meetings with strangers, our detox patients are seen in the privacy of their own home and/or at our discreet medical office in midtown Manhattan (Madison Ave & 49th St).

COORDINATION WITH OTHER CAREGIVERS

Our medical detox team welcomes opportunities to coordinate care with other caregivers-- physicians, therapists, recovery coaches, and counselors to help their clients withdraw safely and effectively from alcohol and other drugs. We provide frequent progress reports and maintain regular contact with referring clinicians to insure optimal coordination of care.

PAYMENT AND INSURANCE

All of our services are provided on a self-pay basis. Although we do not participate in any insurance plans, we routinely provide itemized statements that can be submitted for insurance reimbursement.

PRIVATE MEDICAL DETOX FROM ALCOHOL AND DRUGS

A SERVICE OF COMPASS MEDICAL SERVICES, PLLC
GLENN BROTTMAN, M.D., MEDICAL DIRECTOR

425 Madison Avenue, Suite 1502
New York, New York 10017
PHONE: 212-969-1899



PRIVATE MEDICAL DETOX FROM ALCOHOL AND DRUGS

OFFICE-BASED AND CONCIERGE
IN-HOME SERVICES

WWW.COMPASSHEALTHGROUP.COM

WWW.COMPASSHEALTHGROUP.COM

DETOX FROM ALCOHOL, OPIOIDS, AND OTHER DRUGS

Whether the patient is physically addicted to alcohol, prescription opioids, heroin, benzodiazepines (tranquilizers), sleeping pills, cocaine, or other drugs-- our medical team can provide safe and effective outpatient detoxification as an alternative to inpatient care. Our doctors are experienced at withdrawing patients from OxyContin, Percocet, Vicodin, Dilaudid, Xanax, Ativan, Klonopin, Ambien, Adderrall, and other addictive drugs.

OFFICE AND/OR HOME VISITS BY OUR MEDICAL TEAM

Our detox patients can be seen either in our private medical office or in the privacy and comfort of their own home, or both. Our medical detox team, led by licensed physicians (MDs) specializing in the treatment of addiction, includes not only medical doctors but also registered nurses (RNs) and physician assistants. Our doctors are on call 24/7 and, when needed, a nurse or recovery coach provides additional supervision and support.

ALTERNATIVE TO HOSPITAL DETOX PROGRAMS

Our outpatient and concierge in-home medical detox service allows patients to get the professional help they need in complete privacy without putting their entire life on hold. Too often, addicted individuals postpone getting needed help because they do not want to leave their family and job and they shudder at the prospect of going into a hospital detox ward or other inpatient program. Our high-end detox service provides an attractive alternative that is respectful, dignified, and totally confidential.

PRIVATE ALCOHOL AND DRUG DETOX OFFICE-BASED AND CONCIERGE IN-HOME SERVICES

- Alcohol, opioids, heroin, tranquilizers, stimulants, etc.
- Safe and effective
- Convenient and totally confidential
- Treatment by licensed physicians (MDs)
- Home visits by registered nurses (RNs) and/or physician assistants (PAs)
- 24/7 monitoring by RNs and/or recovery coaches, as needed
- Psychiatrists and psychologists available to address other mental health issues
- Smooth transition to followup care

THE DETOX PROCESS

The first step is a thorough medical evaluation to determine eligibility for outpatient detoxification. The evaluation includes a clinical interview, physical examination, EKG, blood and urine tests, and other assessments that may be deemed necessary. Based on the evaluation, an initial treatment plan is formulated that specifies a timetable for the withdrawal procedure and daily regimen of prescribed medications. During the initial phase of withdrawal, patients are seen on a daily basis either in our office or in their home and thereafter may be seen less frequently based on their medical status. Our first and foremost concern is patient safety. We also strive to minimize withdrawal discomfort and maximize patients' ability to resume their daily routines as soon as possible. The time course and length of the medical withdrawal process is determined by a number of factors including the patient's substance of choice, current level of physical dependence, and overall health status. Withdrawal from alcohol or opioids, for example, usually takes one or two weeks whereas detox from benzodiazepines and other sedative drugs may take upwards of several weeks. Typically, patients can resume their daily routines within the first few days after starting the detox process. Completion of the detox is defined as being medically stable and no longer experiencing significant withdrawal symptoms after the detox medications are discontinued. Upon completion of the detox, patients are returned to the care of the referring clinician and/or they can enter ongoing outpatient treatment here at CHG.